



## METADATA

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## Abstract

This book is addressed to undergraduate and postgraduate medical students who are interested in how to provide care during the first patient contact with the health system (primary health care) and to health professionals who wish to understand the corresponding theoretical background in depth. It can be used by both readers unfamiliar with primary health care, and by advanced scientists in the field. The presentation of each chapter is based on the discussion of clinical scenarios. Faculty members, mentors, students, and health professionals in the field of Primary Health Care may find in this book the necessary material for understanding the concepts and interventions, related to: - Addressing health problems, coordinating different health services and providing integrated care to the population a primary

care physician is responsible for, - Patient-centered care, - Stages of counselling or consultation, - Breaking bad news to patients and their families, - Searching for evidence and implementation of guidelines for the management of patients with common acute and chronic problems in primary care, - Primary prevention for adolescents and adults, - Diagnostic techniques in primary care and their degree of documentation, - Mistakes and errors in diagnosis - Comprehensive assessment of the elderly patient - Palliative care in primary care - Assessment of compliance of patients receiving multiple drugs and ways to empower patients and improve compliance - Implementing guidelines for patients with multiple morbidities in primary care, and setting a management plan based on a goal-oriented approach

