



## METADATA

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### Abstract

Very often in their clinical practice, both in hospitals and in the community, nurses encounter individuals who are experiencing substance use or abuse problems. The serious dimensions that addiction has taken on worldwide, but also in our country, require nurses, as well as all health professionals, to develop an effective strategy for managing the substance use and abuse problems they encounter on a daily basis. "Nursing of Addicted Individuals" is an evidence-based academic textbook that aims to inform and raise awareness among nursing students about addiction issues, as well as to contribute to the professional development and clinical practice of nurses working in the field of addiction. The textbook aims to be a comprehensive manual on issues related to clinical practice, education,

and research, as well as the development of addiction nursing as a specialty of Mental Health Nursing. The book is divided into three parts and consists of 13 chapters. The first part aims to help students clarify basic concepts and terms used in the field of addiction, as well as to understand the clinical action of psychoactive substances and the multifactorial nature of the phenomenon of addiction. In the second part, students become familiar with the interventions applied at various stages of changing addictive behaviors. An attempt is also made to introduce specific tools, techniques, and strategies that are widely used. The third part is devoted to issues of professional self-development for addiction nurses. All chapters contain vignettes of cases or clinical interventions.

